



Moving Day Prep Checklist

for Northern Virginia Homeowners

Print or save this checklist and work through it before your move. A quick scan in the morning can catch last-minute items before the truck arrives.

1 WEEK BEFORE

- Confirm move date, arrival window, and crew size with Sloan's
- Check HOA or community moving rules (notice required, truck parking, moving hours)
- Request a Certificate of Insurance (COI) if moving into/out of an apartment building
- Notify neighbors about truck parking and access
- Arrange childcare and pet care for moving day
- Begin defrosting refrigerator/freezer (at least 24 hours before move)

THE DAY BEFORE

- Finish all packing — every box sealed, taped, and labeled with room + priority
- Disconnect washer water lines and secure drum
- Detach dryer vent and power cord
- Drain dishwasher; confirm refrigerator is defrosted, clean, and dry
- Arrange technician for gas appliance disconnection if needed
- Disassemble large furniture (optional — Sloan's can do this)
- Set aside and secure all "do not move" items (valuables, documents, medications, keys)
- Remove area rugs from all high-traffic pathways
- Clear hallways, stairs, and the path from front door to curb
- Do a photo/video walkthrough of home condition
- Charge your phone

MORNING OF THE MOVE

- Be awake and ready before the crew arrives
- Do a final walkthrough — check closets, cabinets, garage, attic, and outdoor areas

- Walk the crew lead through your home: layout, heavy/fragile items, special instructions
- Clearly identify the "do not load" zone or bag to the crew
- Point out hardwood floors, tight staircase turns, or freshly painted walls
- Confirm the destination address with the crew
- Have water and snacks on hand for the team (appreciated, not required)
- Keep children and pets out of the active work zone

AT YOUR NEW HOME

- Arrive before or with the crew if possible
- Do a quick walkthrough of the new home before unloading begins
- Direct the crew on room placements as boxes and furniture come in
- Do a final walkthrough with the crew lead before they leave — check for damage and confirm all items are accounted for
- Tip your movers if you're happy with the job (cash is appreciated; not required)

Created by Sloan's Moving & Storage — Northern Virginia's most trusted local moving company. Over 30 years serving NOVA and the entire DMV region.

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